

**SUGGESTED USE:** Enjoy a P90X Peak Performance Bar as a midmorning or midday snack, or as an occasional meal replacement.

**INGREDIENTS:** Protein blend (soy protein isolate, calcium caseinate, whey protein isolate), evaporated cane juice syrup, milk chocolate coating (sugar, cocoa butter, unsweetened chocolate, whole milk powder, soy lecithin [an emulsifier], natural vanilla flavor), brown rice syrup, glycerine, natural peanut butter, natural flavor, and salt. **MINERALS AND VITAMINS:** Vitamin C, natural vitamin E (d-alpha-tocopheryl acetate), niacin, iron, zinc, pantothenic acid, vitamin B6, copper, riboflavin, vitamin A, thiamin, folic acid, biotin, iodine, and vitamin B12.

**ALLERGY INFORMATION:** Contains peanuts, soy protein, and milk ingredients. Made in a facility that processes peanuts, tree nuts, soy, dairy, and eggs.

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SUWRP001 / SUBAR1101 Rev. 02/25/09

THE P90X® PEAK PERFORMANCE PROTEIN BAR IS A SMART ALTERNATIVE TO YOUR SNACK OR FAST-FOOD OPTIONS. IT WILL NATURALLY SUPPORT YOUR FAT-LOSS GOALS WHILE DELIVERING HEALTHY FUEL TO TONE MUSCLE.

**20 GRAMS OF PROTEIN**

**P90X®**

**PEAK PERFORMANCE**

**CHOCOLATE PEANUT BUTTER Protein Bar**

*Decide. Commit. Succeed.®*

**NET WT 2.29 oz (65g)**

## Nutrition Facts

Serving Size 1 Bar (65g) Servings Per Container 1

### Amount Per Serving

Calories 260 Calories from Fat 70

% Daily Value\*

Total Fat 7g 11% Total Carbohydrate 31g 10%

Saturated Fat 3g 16% Dietary Fiber 0g 2%

Trans Fat 0g Sugars 23g

Cholesterol 5mg 1% Protein 20g 40%

Sodium 220mg 9%

Vitamin A 15%	• Vitamin C 15%
Calcium 6%	• Iron 25%
Vitamin E 15%	• Thiamin 20%
Riboflavin 15%	• Niacin 15%
Vitamin B6 15%	• Folate 20%
Vitamin B12 15%	• Biotin 15%
Pantothenic Acid 15%	• Phosphorus 10%
Iodine 15%	• Magnesium 4%
Zinc 20%	• Copper 25%

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	60g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.